## Patient-Centered, Outcome-Driven Care

The highly credentialed clinicians at Integrated Musculoskeletal Care (IMC) specialize in musculoskeletal care and are dedicated to helping you resolve pain, restore function, and get back to the life you love.

We provide you not only with excellent care, but with the tools and knowledge to minimize your pain.

Did you know? 82% of mechanical pain (pain affected by movement or position) can rapidly improve.



www.imcpt.com



For questions, more information, or to schedule an appointment

Call (855) 293-0340 Email: info@imcpt.com



INTEGRATED MUSCULOSKELETAL CARE





Integrated Musculoskeletal Care, Inc.
Scottsdale Location: 5635 N. Scottsdale Rd,
Suite 170 (Opening March 2018)

PATIENT-CENTERED | OUTCOME-DRIVEN MUSCULOSKELETAL CARE

# Your Partners in Musculoskeletal Care

During your initial evaluation, your clinician will set up your individual plan of care. Together, you will map out your appointment schedule and benchmarks for your progress.

You will be provided with a custom self-care plan so that you can use what you learned in the clinic, at home! The goal of this plan is to accelerate your healing and reduce the risk of future recurrence.

"I had about resigned myself to being in pain for the rest of my days. What a welcome relief to find help. Every aspect of my treatment was positive and productive." - Angie



#### **IMC Services Available**

#### Shoulder

rotator cuff tear, labral tear

#### Arm / Elbow

elbow pain, tennis elbow, carpal tunnel

#### **Neck and Lower Back**

neck or back pain, herniated/bulging disc, stenosis, degenerative disc, joint disease, arthritis

#### Hip / Knee

hip pain, hip bursitis, osteoarthritis, knee pain, meniscus tears

#### Foot / Ankle

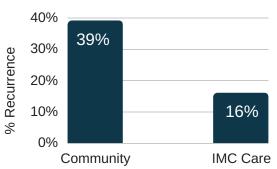
foot or ankle pain, plantar fasciitis, bone spurs

IMC is now available to all SRPMIC benefits plan members, spouses, or dependents.

You can access the IMC program via telehealth or through our Scottsdale location (opening in March)!

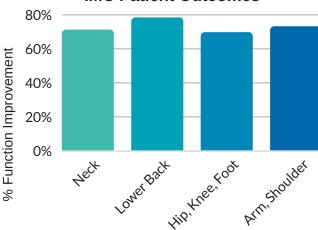
# Get Back to Life With Our Help

### Recurrence of Musculoskeletal Issues



Recurrence rates for the Community versus patient treated at IMC

#### **IMC Patient Outcomes**



More than 97% of patients are highly satisfied with their care!