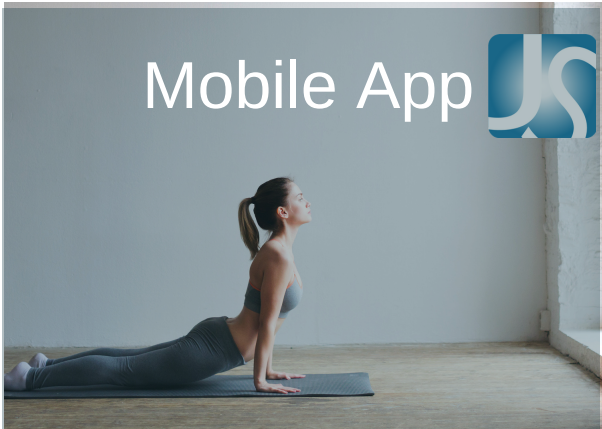


# TAKE ADVANTAGE OF ALL THINGS IMC

## Mobile App



- Download the JointStrong mobile app to access a free self-assessment and self-care plan for your back, neck, joint, or muscle pain.
- To download the app, search "JointStrong" on the Apple App or Google Play stores. Once you download the app, sign up and use the code "SRPMIC".

## Clinical Care



- Visit the IMC clinic in Scottsdale for an evaluation of your back, neck, joint, or muscle pain.
- IMC clinicians hold advanced certifications in treating musculoskeletal pain and can help you receive the care that you need.
- To schedule a visit call 855-293-0340.

## Telehealth



- Want to have a visit with an IMC clinician, but don't want to drive to the clinic?
- IMC offers convenient access to its clinicians through secure video via our telehealth platform.
- To schedule a telehealth visit, call 855-293-0340.