



# U@+ CHALLENGE POSITIVELY CHANGE YOUR LIFE

*w/ Coach Christine Eley*

WEDNESDAY, MAY 14, 2025  
11:00AM-12:00PM



Coach Christine will discuss with you the latest from positive psychology about how to foster positivity, optimism and even happiness to gain the "Happiness Advantage" and keep it beyond the U@+ Challenge.

There will be a short quiz to complete which will be used to award your WellPath points.

*Register for:*

**Webinar**