

Download the My Pathway To Health[®] Mobile App Today!

KYN for 2024 Program Year

TO DOWNLOAD:

- Scan the QR code to the right or open www.mypathwaytohealth.com in your mobile browser to be directed to the iOS App Store or the Google Play Store and select "Download"
- Once downloaded, register with your:

Employer Code: SRPMIC Last Name Participant ID: Your employee ID

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MANAGE ACTION LIST

Complete and track your program completion using the Action List. Get started by tapping "Complete" in the top right corner of the main dashboard screen!



COMPLETE YOUR KNOW YOUR NUMBER (KYN)® QUESTIONNAIRE

No need to access a desktop computer - take KYN® from anywhere at any time!



HEALTH TRACKERS

Monitor your steps, track caloric intake, blood pressure readings, blood sugar, and more. Sync your fitness tracker to the app to making tracking your health even easier!

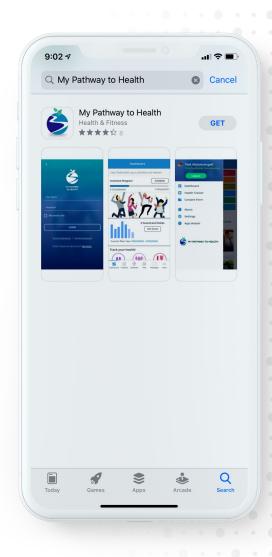


HEALTH COACHING

Communicate securely with your Health Coach to provide health updates, ask questions, and schedule coaching calls!

Assess Your Health. Improve Your Health. Earn Incentives.





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