



Recovery Environment

Albert Kevin Jordan, Psy.D. Clinical Director



ASAM CRITERIA

Treatment Criteria for Addictive, Substance-Related and Co-Occurring Conditions





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Symposium 2022

AT A GLANCE: THE SIX DIMENSIONS OF MULTIDIMENSIONAL ASSESSMENT

ASAM's criteria uses six dimensions to create a holistic, biopsychosocial assessment of an individual to be used for service planning and treatment across all services and levels of care. The six dimensions are:

1	DIMENSION 1	Acute Intoxication and/or Withdrawal Potential Exploring an individual's past and current experiences of substance use and withdrawal
2	DIMENSION 2	Biomedical Conditions and Complications Exploring an individual's health history and current physical condition
3	DIMENSION 3	Emotional, Behavioral, or Cognitive Conditions and Complications Exploring an individual's thoughts, emotions, and mental health issues
4	DIMENSION 4	Readiness to Change Exploring an individual's readiness and interest in changing
5	DIMENSION 5	Relapse, Continued Use, or Continued Problem Potential Exploring an individual's unique relationship with relapse or continued use or problems
6	DIMENSION 6	Recovery/Living Environment Exploring an individual's recovery or living situation, and the surrounding people, places, and things



ASAM Dimension 6- Recovery Environment Challenges/Barriers

- Boredom and Isolation
- Uncomfortable Emotions
- Reentry Issues from DOC
- License, SSN, Warrants prevent employment
- Lack of support from Sober Family and Safe Environment to return to



Challenges/Barriers

- **Employment**
- Felonies/criminal records
- Completing Job Applications
- Child Care
- Transportation
- Vocational Rehabilitation



Challenges/Barriers

- **Social Environment**
- Finding non-using friends
- Sober activities
- Natural Support- mentors
- Mentors/Sponsors/Sober Support Needs
- Overwhelmed with returning to Life as Normal or “Life on Life's Terms”
- Lack of Understanding of Addiction- Family



Challenges/Barriers

- **Family Support**
- Using members
- Making amends
- Family is not always your best support
- Repair/Trust often last thing to come



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Challenges/Barriers

- **Sober Support**
- Return to use
- AA, NA, CA
- Sponsors



Challenges/Barriers

- **Housing**
- Homelessness
- No home to go back to
- Nutrition
- Transportation



Solutions

- ▶ Continuum of Care- Ongoing services
- ▶ PH
- ▶ IOP
- ▶ Aftercare
- ▶ (Psychiatric)
- ▶ (Trauma work-Historical Trauma)



Solutions

- Sober Living Houses for Men and Women
- Partnerships with Voc Rehab for removing employment barriers
- Collaboration with Social Services to Strengthen Families
- Job Development opportunities in JTR prior to transition to SL



Solutions

- Increase family engagement while in Tx
- Weekly Education to Families on how to support and how to help/Boundaries
- Adult Recovery Teams meetings formed early to build alliance of support
- Navigators/Peers to help with social navigation (IDs, SSN, Apps, Resources)



Solutions

- ▶ Integrated Model of Care inside SUD Services Total Wellness
- ▶ Cultural Traditional elements in treatment/connection to Values
- ▶ Embrace the role of spirituality and religious connection to the Community



Solutions

- **Recovery Capital**
- Internal
- Motivation, self-efficacy, spirituality
- External
- Access to health care, employment, family support





Recovery Environment

- Family Roles and Responsibilities
- Community Responsibilities



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