



# Behavioral Health Specialty Services

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# Crisis Intervention Services

- 24/7/365 Crisis Intervention
- Responds to calls concerning suicidal ideation, substance use, depression, anxiety, psychosis, domestic violence, death notifications, and traumatic events
- Screening, assessment, and stabilization
- Crisis can be reached by calling (480) 850-9230



# Domestic Violence Victim Advocacy

- ▶ Provides assistance with emergency shelter, obtaining orders of protection, and support during legal proceedings
- ▶ Individual and group counseling services



# Behavioral Health Consultation

- Integrated model of care
- Screening, brief intervention, and referrals
- Pain management
- Smoking cessation



# Psychological Services

- ▶ Dr. Vicky T. Lomay- Licensed clinical psychologist/neuropsychology
- ▶ Counseling Psychology- Arizona State University
- ▶ Internship Health Rehabilitation Psychology Missouri Health Sciences
- ▶ 3 year postdoctoral residency/fellowship/Clinical Neuropsychology Barrow Neurological Institute- St. Joseph Hospital/Medical Center
- ▶ 2 Decades working with tribal communities in Southwest/ Salt River-2015



# Psychological Testing/ Assessment

- ▶ Testing- administration of standardized or norm reference materials. Standardized tests are administered the same way, every single time. Patients are compared to peers of similar age, education and background
- ▶ Assessment- gathering of important information through interview, medical records, school records, observations, collateral information from families and care givers





# How is Testing Useful

- ▶ Helps to further understand a person and their behavior
- ▶ Helps identify strengths and weaknesses
- ▶ Measures an individual's performance right now
- ▶ Can be helpful for differential diagnosis or ruling out a diagnosis
- ▶ Can help to clarify a diagnosis
- ▶ Can assist with treatment planning and recommendations for therapeutic modalities



# What BHS Can Provide

## General Psychological Testing

- Determine IQ
- Basic achievement functions
- Personality

## Neuropsychological Testing

- Determine current cognitive functions
- Cognitive changes associated with a neurological condition





# When Should A Referral Be Considered

## ➤ **Concerns about cognitive ability**

Memory

Attention

Interferes with school or work

## ➤ **Concerns about behavior**

Ability to problem solve or reason through situations

Interfering with work, relationships, school, etc.

Possible undiagnosed learning disability with adults or to get updated documentation



# When Should A Referral Be Considered

- Known neurological condition (stroke, TBI, concussion, dementia)
- Differential diagnosis (anxiety vs ADHD)



# Psychiatric Services

- ▶ Evan Duffy, MD(Board Certified in Adult and Child Psychiatry)
- ▶ Saba University of Medicine
- ▶ Residency and Internship-Maricopa Integrated Health System
- ▶ Associated Providers- Nurse Practitioners



# Psychiatrist Role

- ▶ Psychiatry is the branch of medicine that focuses on the prevention, diagnosis, and treatment of mental, behavioral, and emotional disorders. A psychiatrist is a medical doctor who specializes in the mental health field
- ▶ Psychiatrist provides comprehensive assessment of medical, neurological and behavioral functioning and needs of the patient
- ▶ When appropriate, prescribes medication to treat depression, anxiety, mood dysregulation, ADHD and psychosis
- ▶ Supportive counseling and psychotherapy



# Psychiatrist Role

- ▶ Provide psychiatric support at DOC
- ▶ Main role in determining mental state, capacity and risk for those under Emergency Apprehension
- ▶ Assist the Salt River Court regarding guardianship and capacity issues
- ▶ Collaborative role with BHS psychologist, case managers and counselors