



WELLPATH COACHING SCHEDULE

(Health Services Fitness Staff Coaches)

The following schedule lists the hours during which Health Services Fitness staff are available to provide coaching services. Each box lists the place where the coaching sessions take place. The goal is to have as quiet and private a spot for each person to get together with his or her coach. Coaching will be available by appointment only. Each appointment is set for 15 minutes. For appointment, please call Patricia at 480-362-5555

Monday	Tuesday	Wednesday	Thursday	Friday
7:00 – 8:00 am SR Fitness Center		7:00 – 8:00 am SR Fitness Center		
				9:45 – 10:45 am Health Svcs. Annex
10:00 – 11:45 am Health Svcs. Annex	10:00 – 11:45 am Health Svcs. Annex		10:00 – 11:45 am Health Svcs. Annex	
	3:30 – 5:00 pm Health Svcs. Annex			3:30 – 5:00 pm Health Svcs. Annex
4:00 – 5:00 pm Health Svcs. Annex			4:00 – 5:00 pm Health Svcs. Annex	

Health Svcs. Annex = the small building just east of the Health Center (Where WIC also has its offices).