

Monday August 22, 2016

4:00-7:00pm **Early On-site Check-in Registration**
(Ballroom Foyer)

Tuesday August 23, 2016

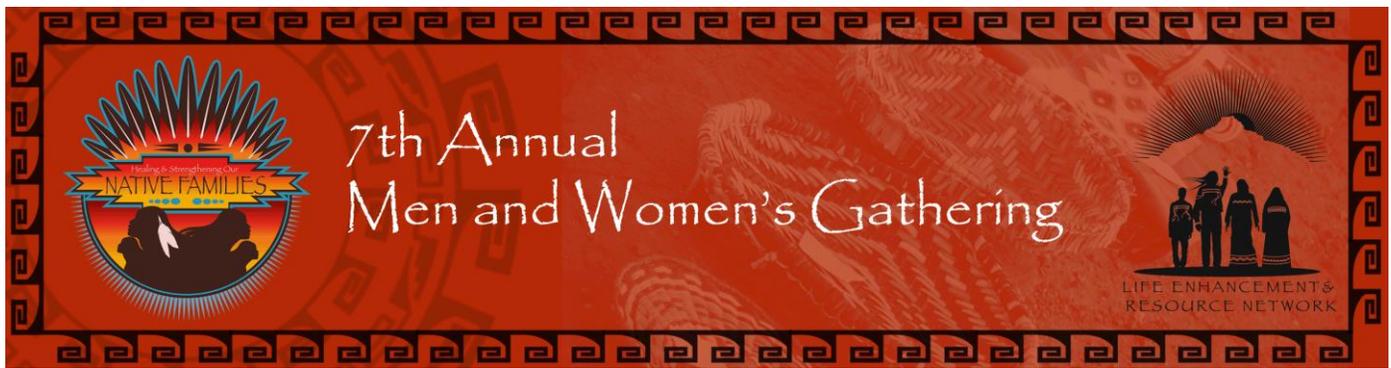
7:00am-4:00pm **On-site Check-in Registration Opens**

9:00-9:45am **Blessing, Welcome and Opening Remarks**
(Salt River 1, 2, 3)

10:00-12:00pm **General Session - Time and Stress Management:** Effective time management is the key to getting the most out of your day. It helps you improve performance, increase productivity, and reduce stress. Stress management is critical to maximizing your day and surviving mounting responsibilities and pressures. These two concepts will allow you to be your most productive and healthy you on the job and in life.

*Denise Baegley M.Sc., CABHP, ASU, Center for Applied Behavioral Health Policy
(Salt River 1, 2, 3)*

12:00-1:30pm **Lunch** (provided)
(Ballroom 1, 2, 3)



1:30-3:00pm **Concurrent Breakout Sessions I** (conference room level downstairs)

Roadrunner A **Passive Vs Overt Racism**

We are influenced by the environment of our formative years, and we absorb the ideologies of our parents or guardians, teachers, neighbors, friends, and the media. In many cases, the factors that influence the way we see others are outside of our control. We need to have awareness of self and others and we will discuss this during our session together. This will be introduction to the process of critical thinking through the lens of race-based theories and selected historical and contemporary discourse of African-Americans, American Natives, Asian Americans, European Americans, and Latinos on race relations and multiculturalism in American society.

*Denise Baegley M.Sc., CABHP, ASU, Center for Applied Behavioral Health Policy
Kevin Poleyumptewa, Salt River Pima-Maricopa Indian Community*

Roadrunner B **Digital Citizenship & Social Media**

With the advent of smart phones, parents have been struggling to identify the pros and the cons of social media and how best to teach "digital citizenship" to our kids. Learn the four pitfalls of social media. Identify the main apps kids are using today. Develop strategies to keep your child safe from bullying and sexual predators.

*Frank Griffiths, Arizona Attorney General's Office
Katey McPherson, Gurian Institute*

Roadrunner C **Salt River Family Reunification/Preservation Program (SR FRP/FPP)**

The SR FRP/FPP team will present in an interactive format, the history of the development and evolution of the program, basic concepts and practices, roles and responsibilities, and successes and barriers to success.

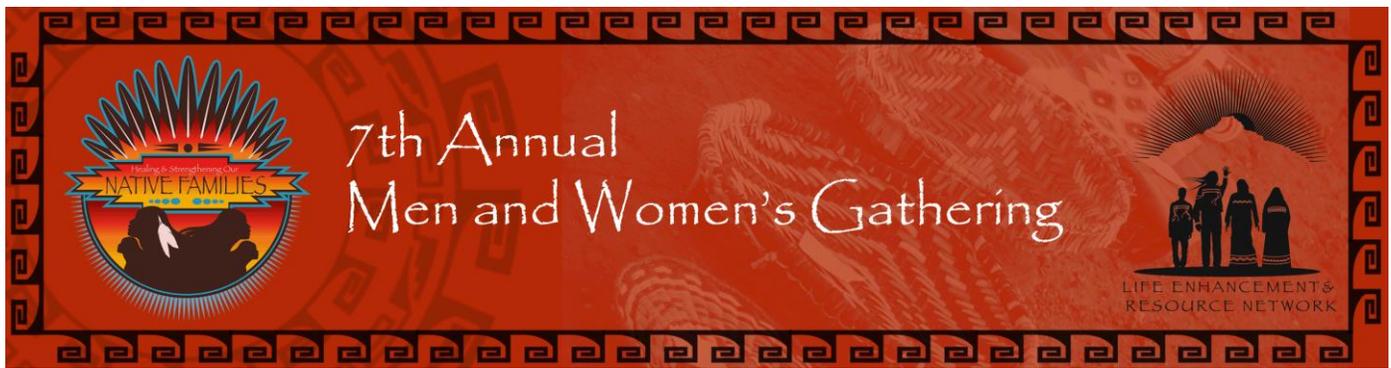
Ralph Wilson, FRP/FPP staff, Salt River Pima-Maricopa Indian Community

Quail D **Rise Up To a New You**

This workshop is designed to empower participants to move past their fears in order to take control of their lives through changing their mindset and actions.

Quentin Begay, Salt River Pima-Maricopa Indian Community

Quail E **Healing and Strengthening Our Homes**



This session will be a presentation of two O’Odham mothers and their trials and joys of motherhood and how communication (verbal and non-verbal) is key to the healing of your child’s emotional state by showing them how to navigate their own joys and trials in their life. In this mutual sharing of life stories and personal examples of overcoming frustrations and holding on to hope, points will be shared in strengthening one’s own self-esteem to produce a healthier happy life well into adulthood.

*Amy Miguel, Salt River Pima Maricopa Indian Community
Virginia Lopez, Salt River Pima-Maricopa Indian Community*

Quail F

What Makes a Family Strong and Successful?

There are many ways to define a family, but they all have one common idea caring. Whether a particular family is a nuclear family, a step-family, a single-parent family or an empty-nest family, it usually consists of related people who care about each other. Regardless of type, all families also need to be nurtured and strengthened from time to time. This workshop will offer some suggestions for improving and strengthening relationships in your family. Along with my own personal experiences I will be using resources from the Advocate for Youth Center. This workshop will be very interactive, role playing and will have hands on activities.

Vurlene Notsinneh-Bowekaty, Salt River Pima-Maricopa Indian Community

3:00-3:15pm

BREAK

3:15-4:45pm

Concurrent Breakout Sessions II (conference room level downstairs)

Roadrunner A

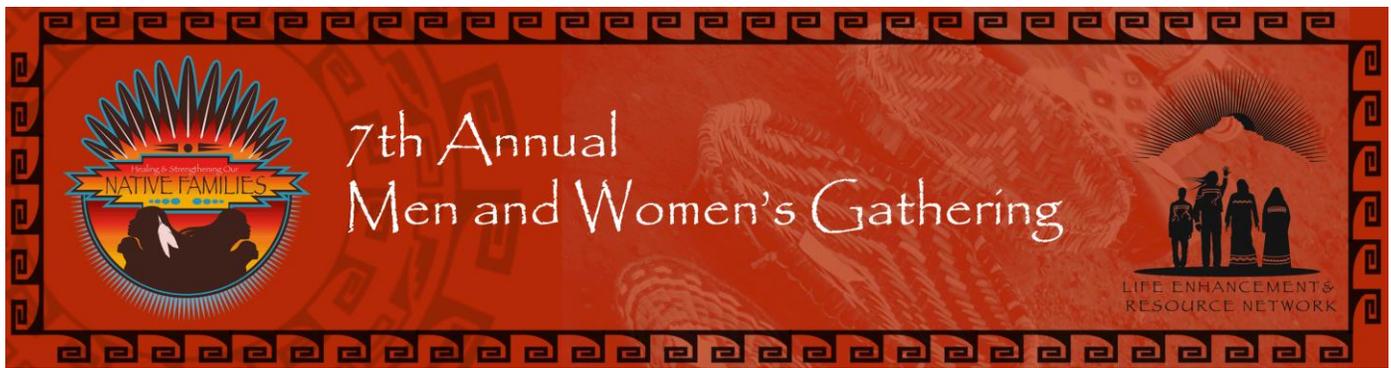
Fathers-Fathering: Learning to Grandfathering

A primary purpose of fathers/fathering is to prepare the next generation, both our sons and daughters. This interactive workshop will encourage all to share, to participate and to learn from one another. Some topics to cover include, “What is a successful/good father?” “Should we parent our daughters differently from our sons?” “Does corporeal punishment work?” “What have we done to prepare our children for their futures?” and “What is the role of grandfathers?” We will also consider the role of positive father-mother interactions on children’s development, thus both moms and dads are encouraged to attend and engage.

Michael E. Connor, PhD., CSPP Alliant International University

Roadrunner B

What is Self Esteem?



What is Self-Esteem? Is it something you can touch? It is something within yourself? Come explore what it means to have self-esteem and come be involved in a workshop of activities tailored to believing in yourself more and discovering what builds you up. This exploration of self-discovery aims to enhance the understanding of yourself by providing you with the mindset to help build positive self-esteem.

Anna M. Luna, Salt River Pima-Maricopa Indian Community
Michelle Roan, Salt River Pima-Maricopa Indian Community

Roadrunner C

Stay in Your Lane

Designed to provide thinking tools to assist with knowing your role for your situation. Each individual is unique, and has a parenting and partnering module. Will discuss what works with all involved in the life (parenting, discipline, education, etc.) of the child(ren).

Nathan L. O'Neal, PhD., MBA, CFI, PC, CAC, Men Behaving Dadly

Quail D

Nurturing Fathers using Effective Guidance and Discipline

In this workshop participants will learn to lead their families without violence or Fear. We will focus on skills and practices that encourage nurturing relationships between father and child(ren). In this workshop participants will explore the concept of unconditional love and how it can foster effective tools for fathers when disciplining their children.

Robert Hickem, Salt River Pima-Maricopa Indian Community

Quail E

Using Traditions to Strengthen Families

This workshop will use storytelling to share how traditions for children and families align with evidence based research on parenting and child development. We will discuss how these practices are connected to research on child development, bonding, attachment, and relationships. Throughout the workshop, time will be given to encourage participants to discuss how their own traditions are used to strengthen families.

Jessica Begay, MSW, SRPMIC Early Childhood Education Center

Quail F

Celebrating the Growth and Development of Each Child

The presentation will help the participant understand the stages of development in early childhood. SRP-MIC Child Find is a program of the Education division in Salt River, with a focus on supporting families with children from birth to age 5 and including a child's entry into kindergarten. SRP-MIC has a long tradition of



promoting the growth, development, well-being and education of children in the Community. This presentation provides participants with the opportunity to learn about specific milestones and age-appropriate skills starting from birth and up to age 5, and also teaches individuals how to help promote and strengthen each child's skills and developmental progress. The celebration of each milestone is a core component of the Child Find program.

Linda Brown, Education-Child Find Program

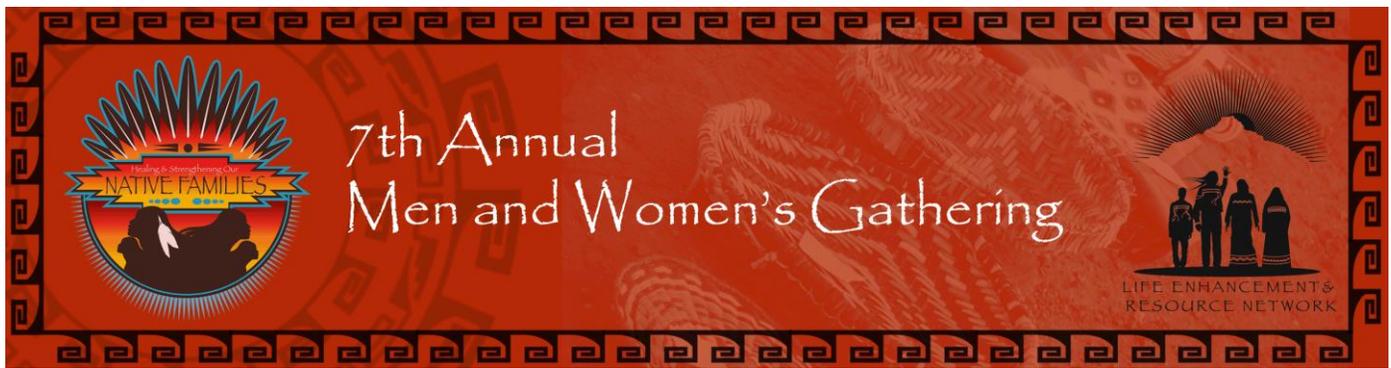
6:00-8:00pm

Cultural Exchange

An evening of ceremony with various dance and singing groups. Conference participants are encouraged to participate by providing traditional songs or dance from their Native Communities. The evening will end with a traditional O'Odham give away. *If you are interested in providing a dance or singing group please contact conference staff.*

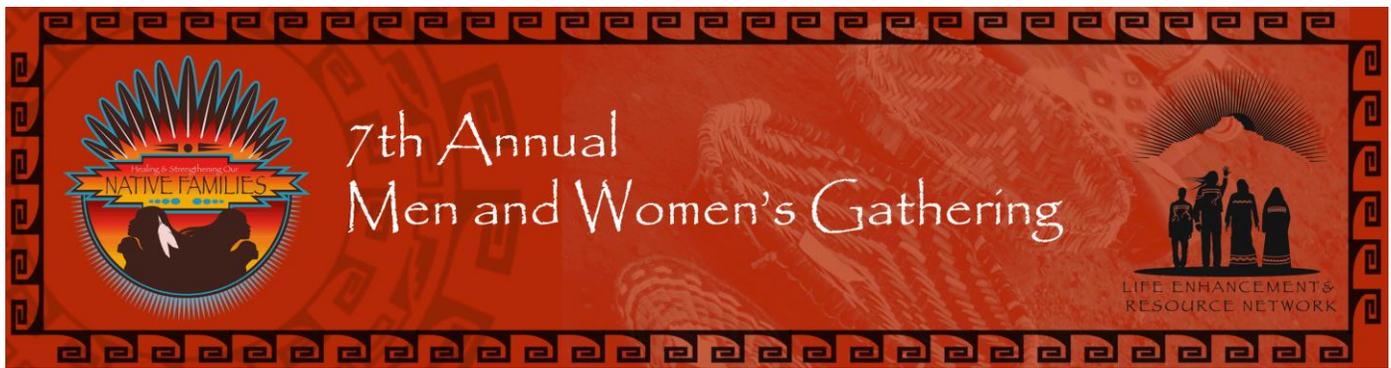
(Salt River 1, 2, 3)





Wednesday August 24, 2016

- 8:00-4:00pm** On-site check-in registration opens
- 9:00-9:45am** **Keynote Address**
(Ballroom 1, 2, 3)
- 10:00-12:00pm** **General Session:** This 2 hour training will provide education around technology to those who work with survivors of domestic violence, sexual violence, and stalking. We will address the many ways technology impacts the safety, privacy, accessibility, and civil rights of survivors. Participants will gain information and understanding of how technology is misused by people who abuse and the effects on the safety and well- being of survivors. This training will provide resources for agencies that include technology safety plans, tip sheets, articles, and research specifically addressing the topics of data security, spyware, GPS monitoring, cell phone and internet safety, confidentiality, and privacy issues.
- Alejandro Palacios, The Arizona Coalition to End Sexual and Domestic Violence*
- 12:00-1:30pm** Lunch (provided)
- 1:30-3:00pm** **Concurrent Breakout Sessions I (conference room level downstairs)**
- Roadrunner A** **Leading the way: Healing and Strengthening Our Native Families**
- Historically, Native men have been excellent providers, protectors, and teachers. Through recent decades lifestyle changes, social expectancies, and economic needs have changed the Native family dynamic. With the many changes have come new barriers and adversities that have steered many men (and women) away from who they once were. This workshop will address barriers to cultivating healthy families



faced by today's Native men and women and how community based programs can help rebuild our Native men and women to the pillars they once were. This workshop will include testimonial from program participants who will share their stories resilience, perseverance and continued growth.

Kevin Poleyumptewa, Salt River Pima-Maricopa Indian Community

Roadrunner B **Parent Navigator**

Global Parenting Network subscribes to three (3) core pillars for *Conscious Parenting*. This workshop will provide information based on the three (3) core pillars as *Parenting Tools* to address the whole *Parent* and the whole *Child* in our current challenging *Parent* and Family environment. In beginning the building of an evolving Parenting Tool chest, it is essential to have a *Progressive Parenting Foundation*. This Foundation should have key elements we refer to as the “Core Pillars”.

Gregory Johnson, PhD., Global Parenting Network

Roadrunner C **He Said, She Said**

This workshop will pursue means for men and women, mothers and fathers, to try to become bi-lingual, by exploring communication patterns (verbal and non-verbal), speaking and listening styles, and early influences on individual conversational patterns.

Neil Tift, Child Crisis Center

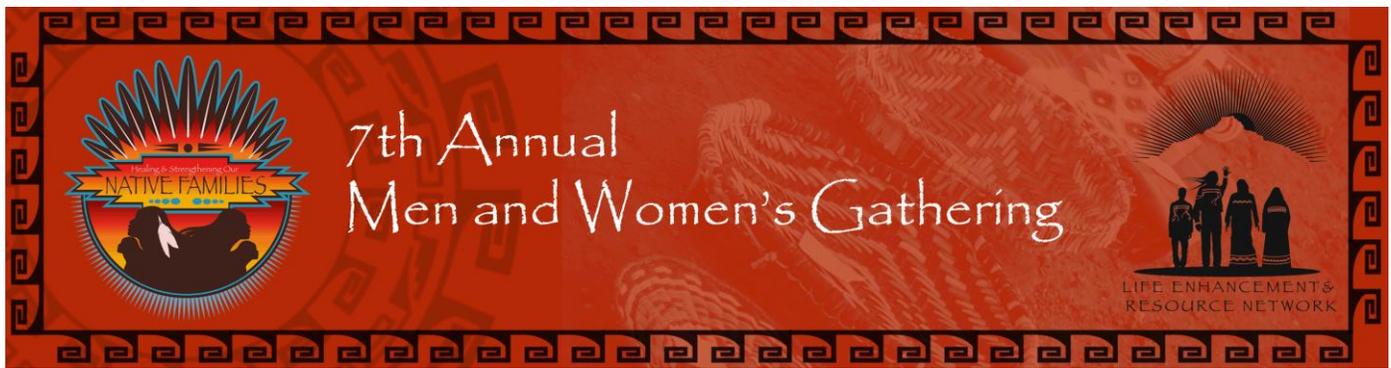
Quail D **Native American Healthy Lifestyles**

This workshop will outline and explore topics in health and wellness and include individual, family, community, and worksite information to improve and achieve a Native American healthy lifestyle. Each participant will receive an information packet of tools, incentives, and keys to achieving optimal health.

Candace Johnson-Hampton, MA, CFT, Brain Body Fitness

Quail E **Help Me Teach Your Children**

With the demand for educational accountability, and the cultural shift in Arizona classrooms today, the time has come to authentically engage Native American parents in conversations about culture and education. Educators are called upon to engage all students and demand academic excellence, but are often reluctant to have these



critical conversations with parents. In this session, the audience will be the expert and inform educators how to utilize and understand the cultures and traditions of Native American families in order to better educate their children. Three essential questions will be posed to the audience. 1. What are your hopes/dreams for your children? 2. What are your fears for your children? 3. What do you want educators to know about your child? Participants will engage in active dialogue around the intersectionality of Native American culture and learning goals. Parents will be asked to reflect on their own experiences with schools, and will be asked to share when they felt that their Native culture was either overlooked, misunderstood, or was the cause of a negative experience for themselves or their child while at school.

*Stacey Simanovsky, Kyrene School District
Adama Sallu, Ed.D, Kyrene School District*

Quail F

Strategies for Success

This workshop will present an overview of the major issues that fathers face and will demonstrate how to develop the types of services and programs for men that will better position them to emotionally and financially provide for their children. There will be examples of how to utilize support groups, develop interagency collaborations and identify other options for delivering support services for fathers who are in need of jobs, parenting skills, and other assistance.

*Richard Claytor, Claytor Consulting
John O'Neil, The Center for Growth and Development*

3:15-4:45pm

Concurrent Breakout Sessions II (conference room level downstairs)

Roadrunner A

A Young Man's Struggles Growing up with Autism

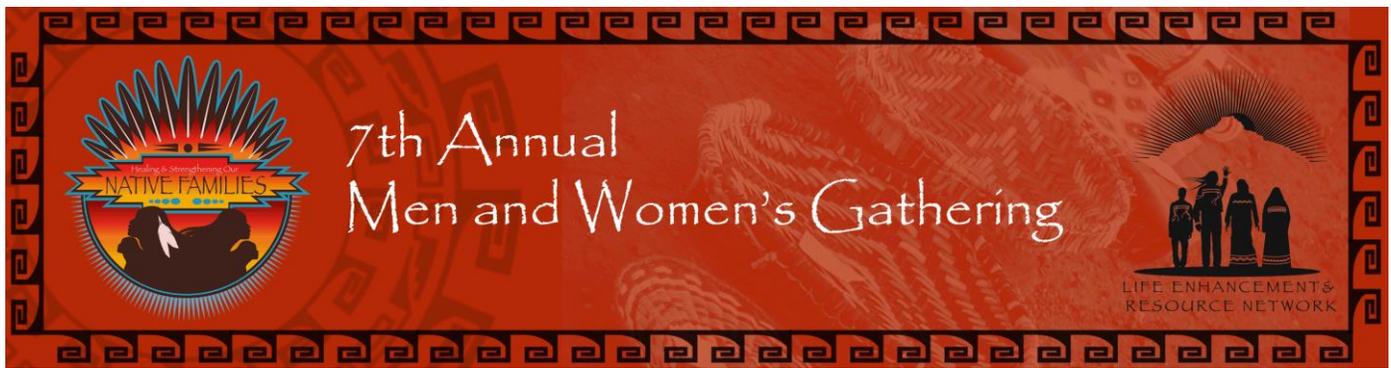
This is a mother and son presentation. It will address the following topics for this conference: Family and relationship life skills; motherhood; parenting; special needs; building self-identity and self-esteem. Attendees will: Participate in a forum that will elicit dialogue on special needs children and young adults. Attendees will participate, share and gain another perspective on special needs and will be motivated to see resources, family and community support to sustain and help their children and families dealing with special needs.

*Yolanda Nieves, Wilber Wright College
Vicente Ramon Nieves, Wilber Wright College*

Roadrunner B

Mom Says No, Dad Says Yes

This workshop will present a summary of results of current research on maternal and paternal parenting approaches, comparing and contrasting the two. It will present



management and line staff of family service agencies, government programs, and community organizations with opportunities to develop strategies to recognize and respect the benefits of these differences in their program delivery.

Neil Tift, Child Crisis Center

Roadrunner C

Sexual Assault Doesn't Discriminate: Identification and Response in Your Community

This training will identify and define the definition and prevalence of sexual violence among Native populations. Participants will be able to: Discuss the dynamics of power and control as it pertains to familial and intimate partner violence; Cite ways that culture and societal stigma play a role in reporting sexual violence; Identify the differences and similarities between tribal and state law as it relates to sexual violence; Understand the barriers survivors experience by hearing from a Native American survivor of sexual assault; List ways agencies and communities can create effective and empowering ways to offer advocacy and support to survivors and families.

Erin Callinan, Arizona Coalition to End Sexual and Domestic Violence

Quail D

Facing Addiction and Life After Incarceration

No matter what you've been through, nine years in prison, losing a baby, losing your sister and father while locked up, there is always time to change for the better and become a productive member of society. This workshop will take you through one man's journey of finding himself again.

Patrick J. Carrizosa Jr., Viejas Band of Kumeyaay Indians

Quail E

Creating a Safe Space for our LGBT (Two-Spirit) children, family members, and friends.

This presentation will raise awareness of issues facing our LGBT (Lesbian, Gay, Bisexual, and Transgender)/Two-Spirit community. The presenter will review LGBT terms and define a Safe Space. We will review why a Safe Space is needed and how to create one. Participants will be given the opportunity to ask questions of the presenter who has personal experience working with the LGBTQ community.

Sheila Lopez, PFLAG Phoenix Native American Chapter (Native PFLAG)



Quail F

Me Time: Taking Time for Yourself

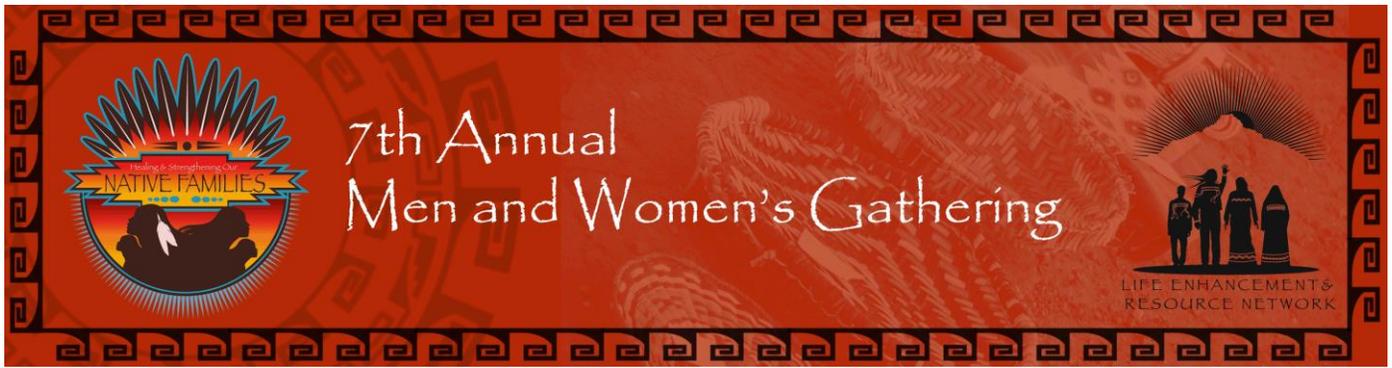
Feeling good doesn't just happen. Living a life in balance means taking the necessary time to renew yourself. It's all up to you. You can renew yourself through relaxation or you can totally burn yourself out by overdoing everything. The purpose of this workshop will empower participants to: Sharpen the Saw means preserving and enhancing the greatest asset you have. We look at the four areas of our lives Physical, social/emotional, mental, and spiritual. We will focus on the "7 Habits of Highly Effective People" by Stephen R. Covey. This workshop will be very interactive, be ready to come out of your comfort zone and have fun laughing, dancing, and most of all learning new ways to handle the everyday challenges we all face.

*Vurlene Notsinneh-Bowekaty, Salt River Pima-Maricopa Indian Community
Skylar Martinez, son*

6:00-8:00pm

ZUMBA DANCE PARTY (Salt River 1, 2, 3)

Zumba, the energizing dance craze that is sweeping the country, will infuse Hip Hop, Marimba, Salsa, and the latest for a fun-filled workout. For Zumba lovers, those that are looking to get fit this summer, and those that just love to move their hips to good music this one is for you!!! Join us for 2 hours of calorie burning fun with some of Arizona's best Zumba instructors.



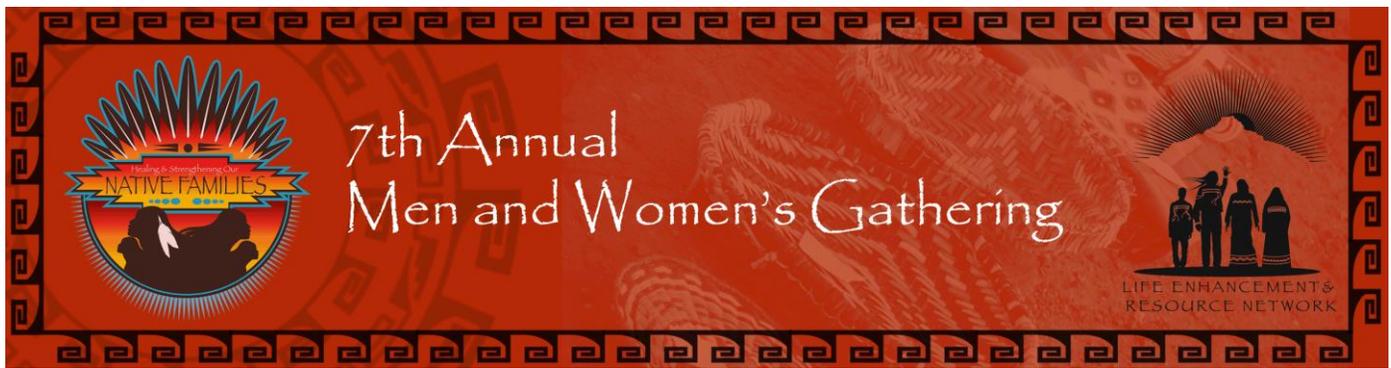
Thursday August 25, 2016

9:00-10:00am On-site Check-in Registration Opens

8:30-10:00am **Concurrent Breakout Sessions I** (conference room level downstairs)

Roadrunner A **Sexual Assault Doesn't Discriminate: Identification and Response in Your Community**

This training will identify and define the definition and prevalence of sexual violence among Native populations. Participants will be able to: Discuss the dynamics of power and control as it pertains to familial and intimate partner violence; Cite ways that culture and societal stigma play a role in reporting sexual violence; Identify the differences and similarities between tribal and state law as it relates to sexual violence Understand the barriers survivors experience by hearing from a Native American



survivor of sexual assault; List ways agencies and communities can create effective and empowering ways to offer advocacy and support to survivors and families

Erin Callinan, Arizona Coalition to End Sexual and Domestic Violence

Roadrunner B

Men's Health Issues-Learning, Adjusting and Coping

This interactive, experiential workshop will cover observations, reflections, and lessons learned over the years as relates to healthy and unhealthy male lifestyles. We will consider health and the lack of health, both physical and mental. The goal is to provide an overview of some issues which impact us, and thus our communities. Suggestions are offered as to how we might better deal with, confront and adjust to health concerns, which take a toll on us as men. An effort will be made to involve all attendees in group conversation and problem solving. Men and women are welcome to attend as we will discuss the importance of couples to one's health.

Michael C. Connor, PhD., CSPP Alliant International University

Roadrunner C

TANF and WIOA Collaboration

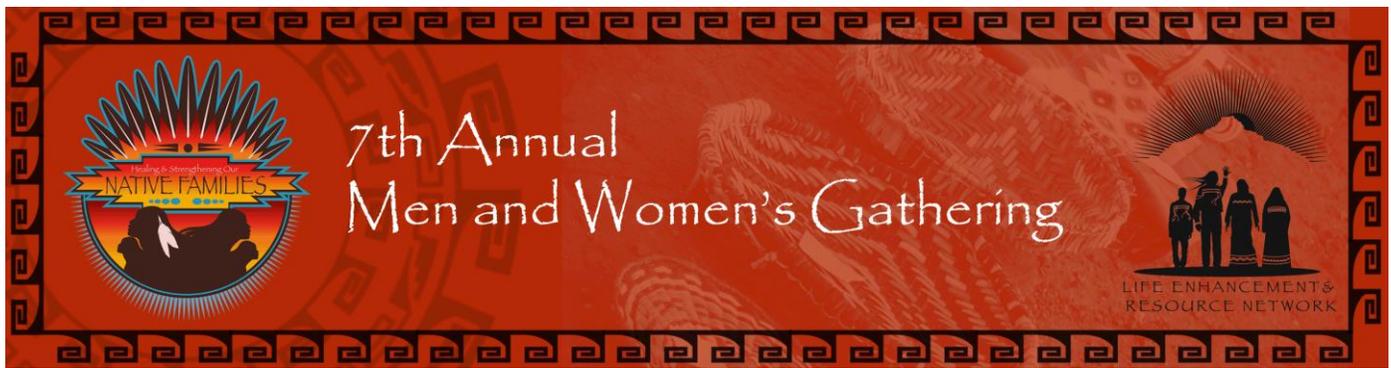
The Workforce Innovation and Opportunity Act (WIOA) and Temporary Assistance for Needy Families (TANF) programs have been around for decades with the intent of helping people with achieving career and educational dreams in order to be self-sufficient. As a team we will be explaining each program, how the two combined can assist people, and how we work together in the Salt River Pima Maricopa Indian Community with collaboration. Come prepared to learn about two great programs.

*Amy Francisco, Salt River Pima-Maricopa Indian Community
Michelle Roan, Salt River Pima-Maricopa Indian Community*

Quail D

Love, Alfreda-The Alpine Project

The National Alliance on Mental Illness (NAMI) is a nation-wide organization with over 1000 local chapters. NAMI introduces and supports research-based legislation designed to improve mental health care for indigenous populations. Locally NAMI provides free educational, advocacy and support programs. During the Project, suicide at all ages, domestic violence, elder abuse, bullying, drugs and alcohol and Alzheimer's disease will be addressed throughout the community. Support will come from our local tribal community, in addition to the population of Alpine and NAMI San Diego. With free educational meetings, expert speakers, up to date educational materials and community education programs, we hope to demonstrate that such an intervention can increase local understanding of mental illness and related issues, improve outcomes and reduce the rate of suicides at all ages.



*Amanda Shelton, National Alliance on Mental Illness (NAMI)
Sally Shepherd, National Alliance on Mental Illness, San Diego*

Quail E

Positive Parenting For Young Children

Come and learn insights to help build a strong foundation for your child’s success. You will be able to leave with materials and activities that will positively enhance your relationship with your child. Without an emotional relationship, learning cannot take place. We will share new ideas and techniques on how to improve communication between parent/caregiver and child. Walk away with tips and strategies on positive discipline and guidance for the children that are in your care. Social, emotional, and intellectual learning are all interconnected. Leave with strategies that will improve their emotional relationship with their child and new ideas on how to positively discipline your child.

Pamela Prasher, SRPMIC Early Childhood Education Center

Quail F

Preparedness for the Community and Family

This presentation is based on the need to inform community members and any individual with family on the subject of preparedness and the preservation of the home. It is a presentation that would involve question and answer format with basic interactive exercises for the group attending. It has a presentation on the cultural and historical events that allow the attendees to understand the need to prepare the home for disasters from life events, manmade events, and natural events. The attendees will leave with the knowledge that they can begin a plan of preparation for the welfare of the home which in turn, can assist the community. This presentation has been given to other tribes in the region and the need to inform on the value of preparation of home safety and plans in case of emergency.

*Brian Smith, Salt River Fire Department
Robert Scabby, Salt River Fire Department*

10:00-10:15

BREAK

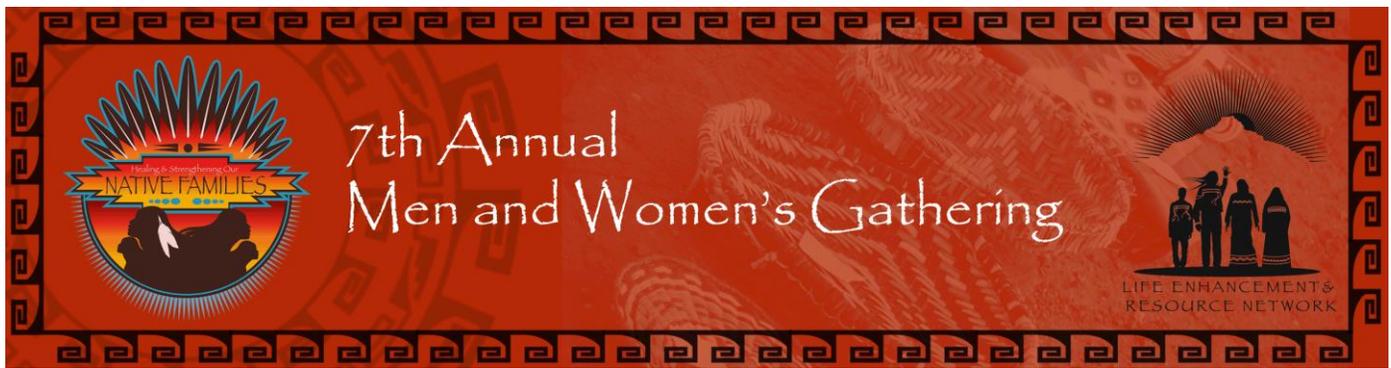
10:15-11:45am

Concurrent Breakout Sessions II (conference room level downstairs)

Roadrunner A

The Successful College Student

The SRPMIC Higher Education Department would like to share methods and strategies that we have implemented to further assist Community members prepare and succeed in their chosen post-secondary education. We are passionate about our work and proud of the progress our Community has made in promoting higher



education. This presentation showcases tips and approaches that students can follow to help make them successful in their post-secondary careers especially as they transition from high school to college.

Rebeca Ronstadt-Contreras, M.Ed., Salt River Higher Education Department

Roadrunner B **Using Traditions to Strengthen Families**

This workshop will use storytelling to share how traditions for children and families align with evidence based research on parenting and child development. We will discuss how these practices are connected to research on child development, bonding, attachment, and relationships. Throughout the workshop, time will be given to encourage participants to discuss how their own traditions are used to strengthen families.

Jessica Begay, MSW, SRPMIC Early Childhood Education Center

Roadrunner C **Suicide Alertness First Nations**

Understanding Mental Health-Prevention; A 60 minute presentation designed for parents, educators, caregivers, or community members. Provides a brief overview of symptoms and warning signs, communication tips, co-occurring with substance use, and treatment resources. All surrounding the most common mental health disorders. Not only will participants walk away with knowledge on various mental health conditions, but a better understanding how to approach and help those who may be suffering with a mental illness.

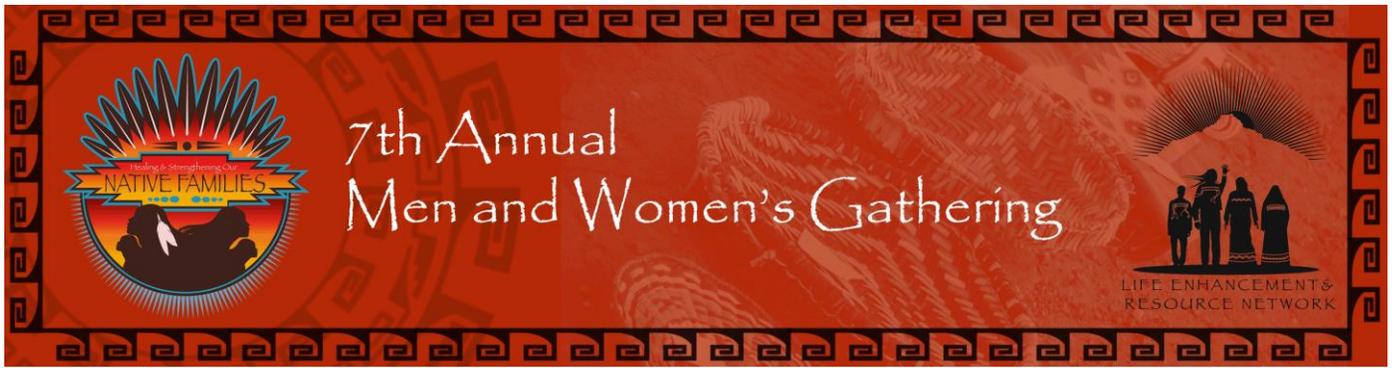
Natalia Chimbo-Andrade, Community Bridges INC.

Quail D **Me Time: Taking Time for Yourself**

Feeling good doesn't just happen. Living a life in balance means taking the necessary time to renew yourself. It's all up to you. You can renew yourself through relaxation or you can totally burn yourself out by overdoing everything. The purpose of this workshop will empower participants to: Sharpen the Saw means preserving and enhancing the greatest asset you have. We look at the four areas of our lives Physical, social/emotional, mental, and spiritual. We will focus on the "7 Habits of Highly Effective People" by Stephen R. Covey. This workshop will be very interactive, be ready to come out of your comfort zone and have fun laughing, dancing and most of all learning new ways to handle the everyday challenges we all face.

Vurlene Notsinneh-Bowekaty, Salt River Pima-Maricopa Indian Community

Quail E **Foundation for a Balanced Life**



Indigenous blessedness is an evolving process in which an individual actively strives to become healthier by finding and living in balance. All-inclusive in nature and emphasizes personal responsibility. It is not a response to just good health, but to personal growth as well. Indigenous blessedness is based on traditional teachings from our ancestors and that reminds us to be good people. Living in balance means being the best that we can be and to always move forward in a good way.

Joyce Sammaripa, Salt River Pima-Maricopa Indian Community

Quail F

The Early Childhood Education Center

This workshop will provide an overview of the comprehensive services provided by the SRPMIC Early Childhood Education Center (ECEC). ECEC is considered a model program because of the many services it provides. This workshop will provide an overview of how they all complement one another.

Tallerita Tunney Rogers, SRPMIC Early Childhood Education Center

Workshops are subject to change without notice