

Opportunity Center Parent Prevention Workshops

Hosted by the
Life Enhancement and
Resource Network (LEARN)



notMYkid Organization
Presents:

PARENT & STAFF EDUCATION
Understand the Challenge

Trainings focus specifically on substance abuse, bullying, and internet safety. Become informed about the signs of potential problems *before* they occur. Our adult presenters have completed training and consistently work with local law enforcement agencies (police and FBI) to update and improve the presentations based on current trends.

Parents only.
No children please.

- o March 21 12-1:30p
- o Substance Abuse Prevention for Parents
- o Why do youth use drugs?
- o How can you as a parent counteract use and abuse of drugs?
- o Attendees leave with a FREE home drug testing kit provided by First Check and a personalized family prevention plan

- o March 28 12-1:30p
- o Internet Safety for Parents
- o Youth online: they're tech savvy and get most of their information and socialization through the Internet and digital devices.
- o As a parent, the best way to help ensure your kid's safety online is to become tech savvy yourself. Think of technology as a language. Learn the language to communicate.

- o April 4 12-1:30p
- o Bullying Prevention for Parents
- o Today's bullying is a combination of classic schoolyard and cyber-bullying. Communicating on social media platforms gives youth 24/7 access to one another.
- o When a community takes a stand by deciding to become a positive influence with no tolerance for bullying, there is a drastic drop in bullying cases.

Please be on time.
Workshops start at 12.

For More information please contact:
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