

Beat The Heat!

10-Mile Relay Run, 2-mile & Kids 1-mile

Saturday, May 19th



Salt River High School Athletics Building Parking Lot
Located on Chaparral Rd between Country Club & Center Street

Register now at Salt River Fitness Center
Onsite registration: 6:30am – 7:15am



7:15 am

Kid's 1-mile: Event is open to youth 12 and under.

7:30 am

10-Mile Relay Run: Relay will consist of 2 individuals. Team can be all male, all female or co-ed. Two different 5-mile routes out & back. ****Relay participants must be 13 yrs and older.**** ****Must be able to do a 12 minute Mile or faster.**** Relay must be completed in 2-hour or less. **** NO INDIVIDUAL ENTRIES!!!**

7:35 am

2-Mile: Run or Walk this 2-mile asphalt and gravel route out & back .

Prizes:

1st & 2nd place team in 10-mile relay

1st & 2nd place adult & youth in 2-mile.

1st & 2nd & 3rd place male & female in kid's 1-mile.

Incentive to the first 50 participants

Questions call: 362-7320

