



safeTALK

suicide alertness for everyone

Suicide Alertness For Everyone

Learn

How to provide practical help to persons with thoughts of suicide.

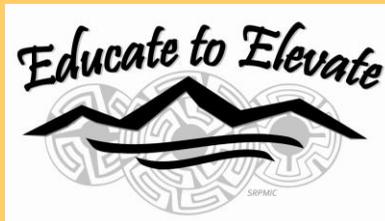
What happens at safeTALK training?

Expect to be challenged. Expect to have feelings. Expect to be hopeful. See powerful reminders of why it is important to be suicide alert. See how to activate an alert. Ask questions and enter discussions.

Learn clear and practical information on what to do. Practice TALK steps. Conclude with Practice in activating a suicide alert.

Why is safeTALK for everyone?

Most persons with thoughts of suicide go unrecognized—even though most all are, directly or indirectly, requesting help. Without safeTALK training, these invitations to help are too rarely accepted, or even noticed. With more suicide alert helpers, more people with thoughts of suicide will get connected to the intervention help they want.



Why should I come to safeTalk?

In only a few hours, you will learn how to provide practical help to persons with thoughts of suicide. Expect to leave *safeTalk* more willing and able to perform an important helping role for persons with thoughts of suicide.

How does safeTalk help prevent suicide?

SafeTalk prepares you to be a suicide alert helper. You are aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided. You want persons with thoughts to invite your help. You know the *TALK* steps (*Tell, Ask, Listen* and *KeepSafe*) and can activate a suicide alert. As part of the *KeepSafe* step, you connect persons with thoughts to persons trained in suicide intervention. Helpers trained in suicide intervention complete the helping process or connect the person with more specialized help.

Why use safeTalk to learn to become alert?

A carefully crafted set of helping steps and the use of creative educational processes make it possible for you and up to 30 others in your community to leave *safeTALK* willing and able to be suicide alert helpers. *safeTALK* is the result of some twenty years of work at learning how to develop useful suicide prevention abilities in a short program.

Participants are encouraged to develop trust, acceptance, and mutual support.

TRAININGS SITE:

Two Waters

Building "A" | Akimel River Rm

Wednesday Sept 7th
1 PM - 5 PM

10005 E. OSBORN ROAD
Scottsdale, AZ 85256



Dedicated to supporting a suicide-safer community and is therefore supporting all costs of registration.



Suicide Awareness Month
ADULT SESSION
30 SEATS

Registration: FREE

WANT TO REGISTER?

CALL Debbie Manuel
480-362-7689

Email at

Debbie.manuel@srpmic-nsn.gov

Participants **MUST** participate for full length of training to receive certificate.

Salt River Pima Maricopa Indian Community